

INDEPENDENT CLINICAL REVIEW (ICR)

If admitted by a parent or guardian and you do not wish to stay, you can request an ICR within the first ten days of admission. An independent psychiatrist will review whether the facility is appropriate for your treatment. The ICR meeting, held within five days of your request, includes your parents/guardians, a county patients' rights advocate, a facility representative, and the reviewer. If the reviewer finds no cause to hold you, you will be released to your parents/guardian. If the facility is deemed appropriate, you will stay until discharged by your psychiatrist.

PRIVACY

You have the right to privacy during medical treatment, bathing, dressing, toileting, visiting, and other appropriate times.

COMPLAINTS

If you have a problem or complaint regarding your rights, contact a patients' rights advocate. The advocate will investigate and resolve your complaint or refer it to the local Mental Health Director. Unresolved issues can be referred to:

Patients' Rights Office

850 E Foothill Blvd
Rialto, CA 92376
(800) 440-2391/ (909) 421-4657

California Office of Patients' Rights

1831 K Street
Sacramento, CA 95811
(916)504-5810
<http://www.disabilityrightscal.org>

The information in this pamphlet is based off CA Welfare Institute Code, Disability Rights Office, and local advocacy organizations.



Behavioral Health



Behavioral Health

CALIFORNIA ADOLESCENT RIGHTS

Private LPS Designated
Mental Health Facility



YOUR RIGHTS: INPATIENT TREATMENT FOR AGES 14-17

If you are between 14-17 years old and admitted to a private acute psychiatric facility, you have specific rights. You can talk with a patients' rights advocate and have the right to:

- An Independent Clinical Review (ICR)
- See a patients' rights advocate
- Wear your own clothes
- Keep your personal possessions
- Use the phone
- See visitors
- Have access to letter-writing materials
- Receive unopened mail
- Have private storage space

Rights Denial: Facility staff can deny your rights if there is "good cause," except for your right to an ICR and to talk with a patients' rights advocate. You must be informed of the reason for any denial, and it must be documented in your treatment record. Your rights should be restored as soon as the reason for denial no longer exists. You cannot be forced or threatened to give up your rights.

KEY RIGHTS

Personal Possessions: Wear your own clothes and keep personal items, including hygiene products.

Phone & Visitors: Use the phone and receive visitors during visiting hours.

Storage: Have accessible storage space. Searches of your belongings require adequate justification.

KEY RIGHTS CONTINUED...

Mail: Send and receive unopened mail. You have the right to letter-writing materials and postage.

Medication: Medication must not be used as punishment. You and your guardian have the right to information about your medication.

Refusal: Refuse participation in research projects, medical experiments, psycho surgery, and Electroconvulsive Treatment (ECT) unless specific legal conditions are met.

Seclusion: Be free from unnecessary or excessive seclusion and restraint.

Constitutional Rights: Social interaction, community activities, physical exercise, recreational opportunities, religious freedom, and education as required by state law.

Nondiscrimination: Receive mental health services without discrimination.

Privacy: You have the right to privacy during medical treatment, bathing, dressing, toileting, visiting, and other appropriate times.

